



RI President 2014-15  
**GARY HUANG**

District 5340 Governor 2014-15  
**LOUISE ANDRES**

LJGT Rotary President 2014-15  
**RON KOHL**



calendar  
**EVENTS**  
and speakers

**NOVEMBER 2014**

14.....Campaign for Service Workers  
*Brandon McDonald*

21.....Garden Critters - Fund for  
Animals/Living with Coyotes  
*Ali Crumpacker*

28.....Dark

**DECEMBER 2014**

5.....Omo Child Project

# THE GOLDEN ROTARIAN

NOVEMBER  
**07**



*Deepa Willingham*

## Half the Sky

Deepa Willingham resident of Solvang, CA is a naturalized citizen of the United States. She was born and brought up in Calcutta, India where she obtained her primary and secondary education under the stewardship of her teacher, Mother Teresa. After obtaining her undergraduate degree at the University of Calcutta in 1964 she came to the United States to pursue graduate degrees at Miami University in Oxford, OH and the U of Wisconsin.

Prior to her entrepreneurial endeavors in the energy sector, Deepa served as the Administrative Director of Ancillary Services in the hospital industry. She and her husband, Mr. Richard Willingham, are business owners. Currently, however, most

of Mrs. Willingham's time and personal resources are spent in the non-profit sector. She is an active Rotarian and she is the Founder/Chair of PACE Universal. Through PACE Universal and the Piyali Learning Center (PLC) she is meticulously "selling" the concept of allowing girls to be educated instead of being married in early childhood or being sent to work, or being sold for sex trade. Through her efforts and use of personal resources she is determined to make PLC a poverty eradication proto-type model that others can duplicate to heal a hurting planet.

Deepa is a Past District Governor (PDG) of Rotary International District 5240; a Past President of the Rotary Club

of Santa Ynez Valley, being named Rotarian-of-the-Year during her year as President; and above all, is a humanitarian. Her humanitarian endeavors have led to her being named as "Local Hero" by Santa Barbara Independent newspaper; a winner of Volvo for Life award; a recipient of 2006 "Making a Difference for Women" award from Soroptimist International - Camino Real Region, a winner of Special Congressional Recognition from Representative Lois Capps in 2006; was named a local "Angel" by Central Coast Magazine, a "Community Hero" by Superintendent Bill Cirone in 2009; winner of "Marigold Awards for Good" contest in 2012 and the winner of Santa Barbara's 'Gutsy Gals You Inspire Me Award' in 2013.

# Report

FROM THE OCTOBER 31 MEETING



Michael D. Bardin  
Reporter

**NOVEMBER** 2014

- 14..... Krishna Arora
- 21..... Ellen Bryson
- 28..... dark

**DECEMBER** 2014

- 05..... Dianne Day
- 12..... Pete Griffith
- 19..... Steve Brown

## Halloween Treats for LJGT Rotary

Opening the meeting in a '60s flower child costume, **President Ron** welcomed other members in costume: **Rich Papike, Brett Morey, Alex Monroe** (and probably a few others, but we couldn't tell). As ROTD, **Will Moore**, as grim reaper, went through dozens of things much more likely to kill someone other than getting Ebola. Most were pretty bizarre, but then it was Will.

Two guests this week: former LJGT Rotary member Brian Dallaire (who now lives in Maine) and Mahin Moini, **Fary Moini's** sister. **Linda Stouffer** presented LJGT Rotary was given an award for best hospitality suite at the District 5340 Conference in Palm Springs – an Afghanistan theme, fitting since **Fary Moini, Fary's** sister, and **Susan Schwarz** organized it. It was noted that the district conference was a total success. **District Governor Louise Andres** was basking in glory.

Sign up is open for two coming events: **Seven Bridges Hike in Balboa Park on Nov. 15 (sign up with Bev Fritschner) and the Holiday Party on Dec. 6 (payment to Kim Schafer -- \$58 per adult, \$20 per child 5-15, under 5 is free).**

**Steve Brown and Pam Russell** announced and described the Rotary "million dollar breakfast" that will take place on Jan. 16. This is a new deal Rotary International has been trying out – bringing a special group of Rotarians together for a morning faire during which they expect to raise \$1 million (or no one gets to leave.) **Pam Russell** used the moment to encourage everyone to pay special attention to their wills to make sure there's a bequest to Rotary that spells out your specific gift intent.

## "Trick or Treats" HALLOWEEN



**Brett Morey** kept the trick or treat theme going during a presentation to **Bev Fritschner** of her second Paul Harris Fellowship. Thanks Bev. And **Jacque Reilly** inducted our newest member into LJGT Rotary, **Tom Stockton**. Tom is sponsored by **Brett Morey and Jim Davies** is his mentor. Welcome Tom.

Know NO Limits. That was the theme of our speaker Oz Sanchez. Oz told us his remarkable story presenting a message of inspiration, perseverance and the power of human spirit. He grew up in east LA in the midst of gangs and drugs. Ultimately he found his way to the Marine Corps. After two deployments to the Middle East, he was on his way to becoming a Navy Seal when a motorcycle accident left him largely paralyzed from the waist down. After dealing with depression and a long

down period he found a way to take control of his life. With dedication, perseverance and focus he became an award-winning Paralympian, winning gold medals at the Beijing ('08) and London ('12) Paralympic games. Realizing that his spinal cord was not completely severed, he ultimately found a way to stand and even walk again. (He dramatically demonstrated this as he stepped out of his wheelchair, stood at the podium and walked across the room.) He is now headed back to school for an MBA (he graduated from SDSU) and is delivering his motivational message wherever he can. The club stood with him in their ovation.

**Rick Binder** brought what he claimed was a Halloween joke to close the meeting. But we did leave with smiles on our faces.

## WANTED: Auction Items

Do you, a friend or a local business have a product or service you can donate as an auction item?

This is a Win-Win for both the club and the donor. All proceeds go directly to Our Club to support our Avenues of Service.

1. We will put the auction item in the bulletin with the person/business that made the donation for 2 weeks before the item is auctioned.

2. It will be the only item auctioned that week. This gives more exposure for the business.

3. You can win an item even if you are not at the club meeting by emailing your bid. If it is the highest bid for the item you will win it!

Please email **Lisa Galstian** at [garigal@att.net](mailto:garigal@att.net) with auction items, bids on items or other questions.



For Rotary, The Four-Way Test is the cornerstone of all action. It has been for years, and it will be in the future. Of the things we think, say or do

### ROTARY 4 WAY TEST

--- 1 ---

Is it the **TRUTH**?

--- 2 ---

Is it **FAIR** to all concerned?

--- 3 ---

Will it build **GOODWILL**  
and  
better **FRIENDSHIPS**?

--- 4 ---

Will it be **BENEFICIAL**  
to all concerned?

As Rotarians, we should have The Four-Way Test in mind in every decision we make, all day long. Our utmost responsibility is to Speak The Truth, to Be Fair, to Build Goodwill and Better Friendships, and to do our very best in all situations.

4 Way Test was developed  
in 1932 by  
**Herbert J. Taylor.**

# Photos

FROM THE OCTOBER 31 MEETING



Bill Keane  
Photographer



E V E N T

NOVEMBER  
**15**

ROTARYCLUB

**7**  
BRIDGES  
HIKE  
Balboa  
P A R K

**WHAT:**  
SEVEN BRIDGES HIKE

**WHEN:**  
NOVEMBER 15, 2014

**WHERE:**  
IN BALBOA PARK

This is a great hike to see the 7 bridges in and around Balboa Park.



Bev Fritschner  
Contact for Hike Sign Up

[bfritschner@cox.net](mailto:bfritschner@cox.net)

# LA JOLLA GOLDEN TRIANGLE ROTARY CLUB

P.O. Box 13023  
La Jolla, CA 92039  
www.LaJollaGTRotary.org

LA JOLLA  
GOLDEN TRIANGLE  
ROTARY CLUB

CHARTERED  
JUNE, 1986

LA JOLLA  
CALIFORNIA



## LJGT ROTARY LEADERSHIP 2014 - 2015

PRESIDENT ..... Ron Kohl  
PRESIDENT-ELECT (2015-16) ..... Bev Fritschner  
TREASURER ..... Sharon Council  
SECRETARY ..... Sara Hogue  
PAST-PRESIDENT/FOUNDATION ..... Brett Morey



## BOARD OF DIRECTORS 2014 - 2017

Dave Wiegman, III .....2015	Jacquie Reilly .....2016
Louis Scotti.....2015	Tony Grillo.....2017
Will Moore.....2015	Joe Howell .....2017
Ajay Asher.....2016	Rick Binder.....2017
Alex Monroe .....2016	



## COMMITTEE CHAIRS

2014 - 2015

CLUB SERVICE..... Keith Jeffers & Rick Binder  
COMMUNITY SERVICE..... Ellen Bryson & Alex Monroe  
YOUTH SERVICE ..... Dianne Day  
INTERNATIONAL SERVICE ..... Cynthia Villis, Kathleen Roche –Tansey & Alex Kirkpatrick  
VOCATIONAL SERVICE..... Sheila Henry & Tom Hinton  
PR/WEB ..... Alex Monroe  
MEMBERSHIP ..... Jacquie Reilly & Sandra Scherf  
FUNDRAISING ..... Linda Stouffer & Dianne Day  
PEACE FELLOWSHIP ..... Mike Bardin  
CLUB FOUNDATION..... Steve Brown  
FINE MASTER ..... Michael Schwarz  
PROGRAM CHAIR ..... Bill Keane  
FAMILY OF ROTARY..... Lori Bende  
BULLETIN REPORTER/EDITOR..... Joel J. Candib  
PUBLISHER ..... Ajay Asher



## PAST PRESIDENTS

1986 - 2014

Dewey McDowell.....1986/87	Jim Davies.....2001/02
Ted Owen.....1987/88	Don Hoover.....2002/03
Reint Reinders .....1988/89	Pam Russell.....2003/04
Dan Mitrovic .....1989/90	Mike Schwarz.....2004/05
Steve Brown .....1990/91	Cynthia Villis.....2005/06
Ron A. Phillips.....1991/92	Dale Barnes.....2006/07
Bobby Foushee.....1992/93	Jay Hatfield.....2007/08
Pete Griffith.....1993/94	Linda Stouffer .....2008/09
Bill Radcliffe.....1994/95	Louise R. Andres .....2009/10
Carl Lower.....1995/96	Dory Beatrice Griffith.....2010/11
Michael Bardin.....1996/97	Romik Kesian.....2011/12
Robert Vaughn.....1997/98	Susan Schwarz.....2012/13
Mil Phillips.....1998/99	Brett Morey.....2013/14
Rick Clark.....1999/00	
Bonnie Brunner.....2000/01	



# MARINGRILLO



Hi my name is **Marin Grillo**. I was born in Ann Arbor, MI and moved to San Diego when I was about 10 months old. So, I have lived the majority of my life in San Diego. I am currently an 8th grade student at La Jolla Country Day School.

I am always busy (at least that's the way it feels to me) with school, family, sports, and friends. My latest passion is rock climbing. This is my second year as a part of Team Mesa Rim.

I very much enjoy Rotary because I can help others in need. Don't tell my parents, but I am a very lucky to have such a wonderful family. My sister Alex is now a junior in high school. She is studying a lot and preparing for the SAT. My parents are always making sure we are getting places and doing our homework.

I can't wait to be able to become a blue badge and I hope to do many more projects with Rotary. The La Jolla Golden Triangle Rotary Club has been great and I really love hanging out on Friday mornings with everyone.

